



Explorations of Intimate Relationships and Couples Therapy

*IAFT invites you to a Time and Gathering
where presenters from all over the world and different parts of India
will explore the many facets and levels of Intimacy and Couples therapy
In the Conference
“EXPLORATIONS OF INTIMATE RELATIONSHIPS AND COUPLES
THERAPY”*

*ON
6th & 7th January 2012
The India International Center, New Delhi
40, Max mueller Marg, New Delhi 110003. India*

*It is the occasion of IAFT's 20th Anniversary and the organization
celebrates this by saluting all those who work with
passion - the therapists and the couples in intimate relationships.*

*The Days will be filled with vibrant and thought-full papers and work-
shops on different approaches, key issues and latest research.*

*The Key Speakers at the Conference:
Charles Waldegrave (Founder of Just Therapy)
from New Zealand
Sudhir Kakar (pioneering psychoanalyst & scholar)
from Goa, India
Rashna Imhasly (Jungian analyst and author)
from Mumbai, India*



Friday 6th January 2012

10.30 – 11.15	REGISTRATION	
11.15 – 11.45	WELCOME AND INAUGURATION	
11.45 – 1.00	KEY NOTE ADDRESS : Belonging, Sacredness And Liberation: Values That Respect Couples In Therapeutic Conversations	CHARLES WALDEGRAVE (M.A.), FAMILY THERAPIST, WELLINGTON, NEW ZEALAND
1.00 – 2.00	Lunch	
2.00 – 2.45	PARALLEL PAPER PRESENTATIONS I:	
	A Process - oriented Approach: Being Present To The Therapist - Couple Relationship	JASMEET KAUR (M.Sc.), DELHI, INDIA
	Intimate Partner Violence And Couples: Latest Research And Implications For Clinicians	MONA MITTAL (Ph.D.), ROCHESTER, USA
2.55 – 3.40	PARALLEL PAPER PRESENTATIONS II:	
	Integrating Systems And Object Relations Approaches In Couple Therapy	YUN PANG (M.S.W.), DELHI, INDIA
	Adversarial Matrimonial Law Dynamics, Intimate Relations And Narcissism Of Minor Differences	RAKESH SHUKLA (L.I.M.), DELHI, INDIA
3.40 – 4.00	TEA / COFFEE	
4.00 – 4.45	PARALLEL PAPER PRESENTATIONS III:	
	Mask Of Depression In Urban India Couples: Integrating Psychological With Medical Insights To Drive Family Happiness	SHAIFALI SANDHYA (Ph.D.), CHICAGO, USA
	Couples Therapy In Clients With Personality Disorder	SHRUTI KALRA (Ph.D.), DELHI, INDIA

REGISTRATION FEE: (per person; includes lunch, tea/coffee, handouts & Certificate)

IAFT Members	Non-members	Students	Foreign Delegates
Rs.2700/-	Rs.3000/-	Rs.2400/-	\$ 125/-

After 25 December 2011: Rs. 3500/- (cash / DD only)

Saturday 7th January 2012

9.00 – 9.15	TEA / COFFEE : WARMING UP	
9.15 - 9.30	OPENING OF DAY TWO	
9.30 – 10.30	KEY NOTE ADDRESS : Intimacy And Beyond	SUDHIR KAKAR, PSYCHOANALYST, GOA, INDIA
10.35 – 11.35	KEY NOTE ADDRESS : The Myth Of Eros & Psyche: The Understanding Of Extra Marital Affairs	RASHNA IMHASLY, JUNGIAN PSYCHOANALYST, MUMBAI, INDIA
11.45 – 12.45	PANEL INTERACTION : Couples And Intimacy : Core Elements	CHARLES WALDEGRAVE (M.A.), FAMILY THERAPIST, WELLINGTON, NEW ZEALAND RHEA ALMEIDA (PH.D.), NEW JERSEY, USA JASMEET KAUR (M.Sc.), DELHI, INDIA INDU KAURA (PH.D.), DELHI, INDIA
12.45 – 1.40	LUNCH	
1.40 – 2.40	PARALLEL WORKSHOPS I: Application Of Reality Therapy To Clients With Marital Problems	TOMMY LIANG (M.PHIL.), BANGALORE, INDIA
	“Will You Still Need Me, Will You Still Feed Me When I’m 64” : Therapy With Older Couples	BARBARA S ERDMANN (M.A.), HAMBURG, GERMANY
2.45 – 3.45	PARALLEL WORKSHOPS II: Decolonizing Practices In Couples Therapy: A Social Justice Perspective	RHEA ALMEIDA (PH.D.), NEW JERSEY, USA ANDRAE BROWN (PH.D.), PORTLAND, USA
	Treating Substance Addiction In Couples Relationships	SEBASTIAN PERUMBILLY (PH.D.), PORTLAND, USA TERESA MCDOWELL (ED.D.), PORTLAND, USA
3.45 – 4.00	TEA / COFFEE	
4.00 – 4.45	PARALLEL PAPER PRESENTATIONS : Relationship Between Attachment Styles & Love Styles In Young Adults	DEEPALI BEDI (M.PHIL.), GURGAON, INDIA
	Withering Bonds: A Case Study Of Decaying Intimacy In A Young Couple	SHALINI JOHN (M.PHIL.), DELHI, INDIA AYESHA KAPUR (M.A.), DELHI, INDIA
4.45 – 5.00	CLOSING THOUGHTS & VOTE OF THANKS	

CONFERENCE COMMITTEE : Jasmeet Kaur, Chairperson (jaskaur@hotmail.com)
Dr. Indu Kaura (kaura.indu@gmail.com) & Ekta Malhotra (ekta.malhotra@gmail.com)
Conference email : iaftconference2011@gmail.com
IAFT Website : www.iaft.org.in

About The Key Speakers

CHARLES WALDEGRAVE

Charles Waldegrave is a New Zealand family therapist and one of the founders of the 'Just Therapy' approach. Just Therapy is practiced throughout the world and leaders at the Family Centre regularly run international workshops on various applications of Just Therapy. In 2007 the American Family Therapy Academy (AFTA) presented the Just Therapy team with an award for a 'Distinguished Contribution to Social Justice'

Charles is also a psychologist and social policy researcher. Alongside his therapeutic work, he leads the Family Centre Social Policy Research Unit (FCSPRU) and is a joint leader of the New Zealand Poverty Measurement Project (NZPMP) and the New Zealand Longitudinal Study on Ageing (NZLSA) research programmes. Research emanating from the FCSPRU has provided the evidence base for anti-poverty policies adopted by the New Zealand Government.

SUDHIR KAKAR

Sudhir Kakar is a psychoanalyst, novelist, and a renowned scholar in the fields of Indian psychology and cultural psychology. He has done extensive research and pioneering work into understanding and developing theories about the Indian psyche and cultural / spiritual dynamics. These have become available to the world via the 17 books of non-fiction and 4 of fiction he has written. Dr. Kakar was in private psychoanalytic practice in New Delhi for 25 years before moving to his current place of residence in Goa, India.

Sudhir Kakar's many honors include the Kardiner Award of Columbia University, Boyer Prize for Psychological Anthropology of the American Anthropological Association, Germany's Goethe Medal, Nehru and ICSSR National Fellowships. He has been associated with many international universities including Harvard, Indian Institute of Management, Indian Institute of Technology, University Chicago, McGill, Melbourne, and Vienna. The French weekly *Le Nouvel Observateur* has listed Kakar as one of the world's 25 major thinkers.

RASHNA IMHASLY-GANDHY

Rashna Imhasly is a Jungian Psychoanalyst practising in Mumbai and Delhi, India. Her speciality lies in family and partner therapy. She is the author of the book "Psychology of Love - Wisdom of Indian Mythology". She has trained with Bert Hellenger in Germany in family group process called 'Orders of Love' as well as with Joan and Stewart Emery on relationship work. She lectures and leads workshops and training programmes in Europe and Mexico as well as works with groups in conflict areas in Kashmir.

ABOUT IAFT:

The Indian Association for Family Therapy was founded at the initiative of visionary psychologists and child development professionals in May 1991 in New Delhi. Formally registered in 1994, the IAFT has created a collective space and forum for professionals from the fields of Psychology, Social Work, Education, Human Development and Allied Health Services. The membership of IAFT has grown over the past 2 decades to span a number of cities in India and abroad. It is committed to furthering the knowledge, practice and cultural adaptation of family therapy, couples therapy and a systems approach in India.

Activities:

1. Study group meetings / Clinical case forums for theory and practice learning.
2. Seminars, workshops and trainings by active family therapists.
3. National and International level Conferences.
4. Maintenance of a library of books, journals, papers and videotapes.

IAFT Conference : EXPLORATIONS OF INTIMATE RELATIONSHIPS AND COUPLES THERAPY

Registration Form

(Please fill Form in BLOCK letters)

Name: Mr/Ms _____

Address for Correspondence _____

_____ Pin _____

Tel. (Home) / Mobile _____ Tel. (Work) _____

Email _____

Occupation _____

Place of Employment/Organisation (if any) _____

Member of IAFT Yes No
(Please tick one)

Payment:

(1) Enclosed Cheque/Draft No. _____

Bank _____

Dated _____ for Rs. _____

(2) Payment by Cash: Rs. _____ Dated _____

(IAFT Use only) Receipt No. _____

Notes for Payment:

1. Cash - accepted till the morning of the Conference
2. Local & Multicity cheque, Bank draft - accepted till 25 December 2011
3. Outstation cheque - accepted only upto 15 December 2012. For outstation cheques, please add Rs.60 as bank clearing charges.
4. Please make cheques & drafts in the name of "Indian Association for Family Therapy a/c 201.8339." (Drafts payable at New Delhi)
5. The Receipt for cheques will be issued after realisation of cheque.

Registration Fee:

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*Students must attach photocopy of a valid ID-proof from their institution.

After 25 December 2011: Rs. 3500/- (cash / DD only)

Fees are per person and include lunch, all tea/coffee, handouts & Certificate.

Please send Registration Fee & Form to: Dr. Indu Kaura, Secretary IAFT, D-6, Vikas Puri, New Delhi 110018.
For Queries: Ekta Malhotra (Cell: 9810057635) or iaftconference2011@gmail.com